



## The Westing Game Guided Imagery



Close your eyes...tell all your muscles to relax. Take deep breaths, letting the air fill your lungs completely before exhaling. It is a dark October night, the 31<sup>st</sup> to be exact. The Halloween moon is full...the crisp wind rustles through your hair...the darkness is so penetrating tonight that it is difficult to see without squinting to distinguish images.



You are climbing up a hill...the fallen leaves on the ground rustle as you walk through them, dampening your shoes and the bottoms of your pants. You begin to shiver as you reach the top of the hill and see the dark, old estate. Are you shivering because you are scared already, or



because you are cold from the crisp weather? You pause a moment gaining the courage to go inside the old house. After all, your friends are counting on you to see if the house really is haunted. As you enter the house, you hear your name whispered, beckoning you to the master bedroom.



As you enter the room, you see a dead man tucked into the four-poster bed. You turn around screaming...you tumble down the stairs as you hurry from the house...What do you do now?

